

London Air

Catering Menu

Breakfast

Cold

- Continental Breakfast consisting of a bowl of fresh fruit, with a croissant and muffin, butter, jam, peanut butter or cream cheese
- Granola and yogurt served with a bowl of fresh fruit
- Large selection of dry cereals with choice of skim milk, 2%, whole milk and a bowl of fresh fruit
- Combinations of muffins, croissants and Danish

Hot

- Omelets of all varieties with hash brown potatoes and a croissant
- Scrambled eggs and a choice of ham, sausage or bacon together with hash browns
- Breakfast wrap containing egg and bacon accompanied by a bowl of fresh fruit
- Bagels & lox with cream cheese, red onion and capers

Brunch

- Cheese platter with a wide selection of cheeses that include boursin, swiss, havarti, smoked gouda, camembert, cheddar, brie, asiago and edam. Fresh baguette or crackers accompany the tray
- Fruit platter with diced fruit served on platter. Market availability may include melon, strawberries, blueberries, raspberries, blackberries, grapes, cantaloupe, kiwi, watermelon and oranges
- Whole fruit basket containing on availability bananas, apples, plums, oranges, pears, nectarines, peaches and grapes
- Bagels and lox
- Veggie platter with combination of tomatoes, celery, baby carrots, peppers, broccoli, cauliflower, cucumber and radishes with ranch dip

Lunch

Cold

- Sandwich and salad combination. Most breads available with deli meats, tuna, chicken and egg salad sandwich caesar, spinach, tossed, potato, pasta salad or coleslaw with full choice of dressings
- Wrap and salad combination. All fillings available with shredded lettuce
- Veggie sandwich and salad combination. Cream cheese and raw veggies on the side
- Chef salad including egg, ham, asparagus, chicken and dressing choice
- Chicken caesar with roasted chicken, fresh parmesan cheese and lemon wedge
- Croissant sandwich and potato salad. Same fillings available as in sandwich and salad combinations

Hot

- Pasta and chicken with choice of cream or red sauce, fresh shredded Parmesan cheese, baguette or roll
- Cheese or ham and cheese quiche with side salad and bread/roll
- Lasagna and side salad. Baguette or roll with fresh shredded parmesan cheese
- Meatloaf and roasted potatoes with roll/bread
- Chicken or beef pot pie

Dinner

Hot

- Entrees – salmon, halibut, prawns, steak, chicken, ham, pork – prepared by grill, oven or poached.
- Roast potatoes, rice pilaf, scalloped potatoes, mashed potatoes, garlic mashed potatoes
- Steamed vegetable selection (may vary by season) asparagus, baby carrots, green beans, yellow beans, broccoli, cauliflower, mixed grilled vegetables
- Salads as a side dish – mixed greens, caesar, spinach, coleslaw
- Rolls or fresh baguettes

Desserts

- Cheesecake
- Strawberry shortcake
- Lemon cake
- Brownies
- Dessert tray (assorted squares, cream puffs and chocolate dipped strawberries)

